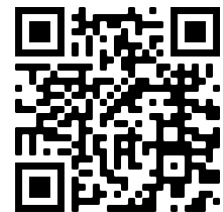




Additional Descriptive Words:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
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1. Circle 3 or 4 words you would use to describe yourself.
2. Underline 3 or 4 words people who know you and love you might choose.
3. If the lists differ, why? Which is a more accurate description of you?
4. If undesirable words are part of your self-description, from where do they arise?
5. Finally, if undesirable words are part of your self-description, how might they create a self-image that is inaccurate and/or incomplete?



*“Words in Red”  
TEDx Video*